



2025 Winter League Rules

The IHSAA rules will apply with the following exception:

Games will consist of four 10-minute quarters with a running clock. The clock will stop until the last minute of the 4th quarter.

No game will start before the scheduled time unless both coaches agree. There will be a minimum of a 5-minute warm-up period. Halftime will be 3 minutes unless both coaches agree to start earlier

First Overtime will be 1 minute (stop clock)

- Double OT = Sudden Death

Each team will receive 2 Timeouts per game (30 second)

5 fouls per player

5 team fouls per quarter = double bonus (2 free throws)

Free throws will be shot in their entirety (2 shots for a 2pt attempt and

3 shots for a 3pt attempt

No full court press with a 20 point lead.

Each team must provide a scorekeeper (Home Team on the schedule